

## Exquisite Hands and Feet Treatments

### **Blackberry Signature Pedicure**

The ultimate pedicure as you relax in a heated massage chair with a citrus foot soak. A spearmint masque rehydrates and the peppermint scrub exfoliates. Rough areas are smothered and buffed, then wrapped in a unique blend of kaolin clay, lavender, chamomile, and rose botanicals to pamper your feet. Lower legs and feet are massaged with our custom made blackberry oil and soothed with a paraffin dip; An OPI nail color of your choice completes this satisfying service.

90 min - \$85

### **Spa Therapy Pedicure**

This relaxing treatment includes a peppermint exfoliating scrub, a cooling spearmint masque, a warm wrap, and a paraffin dip. Choose an OPI nail color of your choice for a beautiful finish.

60 min - \$65

### **Refresher Pedicure**

A therapeutic foot soak, followed by foot exfoliating, nail and cuticle grooming and OPI nail color of choice.

30 min - \$35

### **Spa Therapy Manicure**

This luxurious service includes a two-step exfoliation hand treatment, a paraffin dip, and an OPI nail color of your choice.

60 min - \$45

### **Refresher Manicure**

Detailed manicure includes exfoliating scrub; nail and cuticle grooming, buffing and one OPI nail color of your choice.

60 min - \$25

### **Soothing Paraffin**

Your hand and/or feet will be treated to a warm paraffin wrap enhancing blood flow, relaxing sore, stiff muscles, and relieving painful arthritic joints. Hands -\$10 Feet -\$10 Hands and Feet - \$15

French Manicure or Pedicure Additional \$5.00

# *The Blackberry Spa*

## **At Berry Hill Resort**

*Lose yourself in the Indulgence and Tranquility of Total Relaxation*



24 hr cancellation notice is required on all reservation.

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## Massage Therapies

### **Swedish Relaxation Massage**

A relaxing massage using long soothing strokes delivered with medium to strong pressure to achieve total calm and relaxation.

30 min - \$45 60 min - \$75 90 min - \$95

### **Aromatherapy**

Makes use of the therapeutic properties of essential oils and the plants from which they derive. Combined with massage this treatment will leave you stress-free

30 min - \$50 60 min - \$80 90 min - \$105

### **Hot Oil Massage**

Using aromatic Jasmine Oil, this massage is designed to smooth your skin as your body is transformed into a complete state of relaxation.

60 min - \$85

### **Hot Stone Massage**

Smooth, polished Basalt Stones are heated and incorporated into the massage (Not recommended for guests with circulatory conditions.)

60 min - \$100

### **Deep Tissue Massage**

Designed to work across the muscles, manipulation deep tissues, stimulation circulation, and regenerating lymphatic flow.

30 min - \$60 60 min - \$90 90 min - \$120

### **Pregnancy Massage**

An especially relaxing massage designed to nurture both the expectant mother.

(May be utilized in the 2<sup>nd</sup> and 3<sup>rd</sup> trimesters only.)

60 min - \$85

### **Sports Massage**

An invigorating massage designed to relax and heal. An integral part of an exercise regimen.

60 min - \$45

### **Blackberry Signature Massage**

This massage uses an infusion of warmed custom-made Blackberry Oil to create a luxuriant treatment that soothes both mind and body.

60 min - \$95

## Body Treatments

### **Lavender Dreams**

This rejuvenating spa experience combines minerals for an invigorating full body exfoliation, next nourish and rest inside a soothing warm cocoon wrap, after a relaxing Lavender Spray is massaged onto the body

90 min - \$120

### **Nourishing Sea Mud Wrap**

Stimulate circulation while smoothing the skin with this body wrap that promotes skin nourishment. The natural earth clay draw out impurities, while ginger and white tea stimulate circulation and smooth the skin as you rest in a warming wrap that encourages absorption of all nourishing botanicals.

60 min - \$95

### **Moor Mud Wrap**

Several thousand, year old Moor Mud re-mineralizes, soothes tired muscles and rejuvenates dull skin.

60 min - \$95

### **Mineral Salt Scrub**

Mineral Salt polishes skin to a soft glow while providing critical hydration and nourishment the skin needs.

45 min - \$70

Add Aroma Therapy for an additional \$8

### **Chamomile Body Scrub**

A gentle body exfoliation utilizing granulated pumice stone in a chamomile-crème base.

45 min - \$70

### **Back Treatment**

Our Blackberry Signature Facial Treatment is applied to the back for a deep cleansing and purifying experience.

45 min - \$60

## Silky Wax Treatments

**Facial Waxing**, per area - \$15

**Bikini Waxing** - \$45

\*Other areas by request ask for pricing

## Facials

### **Hydro Bright Facial**

A replenishing and hydrating facial that Works to improve surface clarity of the skin. Treat cellular discoloration and uneven skin tone using particles, vitamin C and botanical extracts to minimize surface spots while conditioning and hydrating the skin.

90 min - \$120

### **Age Smart Recovery Facial**

This facial utilizes concentrated vitamins A, C, E, and F to help firm and strengthen the skin. The products used in this facial improve skin's color and texture while intensely hydrating dry, dehydrated skin.

90 min - \$120

### **Anti-Oxidant Vitamin C Facial**

This oxygenating, anti-aging facial utilizes ingredients brimming with rich proteins, vitamins, minerals and botanical extracts to combat premature aging and provides skin with a healthy glow.

90 min - \$100

### **Blackberry Signature Facial**

This European-style deep cleansing facial is purifying for all skin types. Renews the skin with a customized exfoliating masque, and provides skin with a healthy glow.

60 min - \$75

### **Anti-Acne Clarifying Facial**

This facial is a soothing, yet powerful, solution to be challenges of oily and breakout-prone skin. Using benzoyl peroxide, zinc sulfate, and tea tree oil, this treatment helps to control bacteria, clear breakout, reduce congestion, and aids in preventing future breakouts.

60 min - \$80

### **Gentleman's Facial**

This facial is especially designed for the skincare needs of men. Soothes the skin as it refines the pores. Includes an uplifting massage and deep cleansing masque

60 min - \$75

### **Refresher**

A deep-cleansing introductory facial, which refines and re-mineralizes dull, lifeless skin. Includes a skin analysis and seep cleansing massage of the face and shoulders.

30 min - \$45

### **Eye and Lip Treatment**

A healing treatment for the delicate skin around the eyes and lip, imparting both moisture and nutrients to these areas.

\*Add to any facial for \$15